

WHAT TO BRING

- Sleeping bag or blankets, and pillow
- Comfortable clothing suitable for cool, wet weather & warm days (enough for each day of camp, marked with campers' name).
- A bathing suit
- Towels, face cloth, soap, toiletries
- Comfortable shoes and socks for walking, runners for beach wear - going barefoot is not allowed
- Sunhat, sunscreen
- Medications
- Musical instruments, books, games, etc.

SUBSIDY POLICY

CBCS will ensure a fair, respectful review of all subsidy requests. To the extent that resources allow, we'll do our best to ensure that those who need them, receive them. **Please note: If you are able to pay the full cost of camp, it allows us to subsidize people who could not otherwise afford to come.**

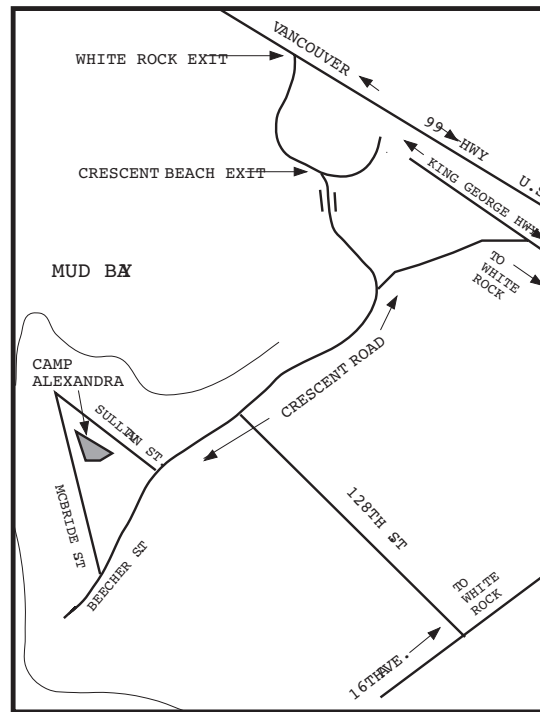
STAFF

The Program Director is a professional staff member of the Association of Neighbourhood Houses of Greater Vancouver. Counsellors are mature, capable and enthusiastic university students trained in the skills required to provide effective leadership and care. A first aid attendant is in residence. A trained cook is employed to provide three healthy, nutritionally balanced full meals daily as well as tasty snacks.



PRIVACY STATEMENT

We collect personal information for registration purposes in order to maintain contact with you, to arrange emergency medical care if required and to provide you with information about programs, services and other opportunities/events. We do not share your personal information with any individual or group without your written permission unless required by law or in a medical emergency.



TRANSPORTATION

Transportation arrangements to and from Camp Alexandra are to be arranged by the campers. The #351 bus service provided by local transit from Vancouver will drop you off at our front door. Plan to travel at off-peak times so your luggage is not a problem. Transit phone number is 604 953-3333.

CAMP ALEXANDRA
Crescent Beach Community Services
2916 McBride Avenue
Crescent Beach, BC V4A 3G2
Phone: 604 535-0015 Fax: 604 535-2720
Email: cbcsanh@uniserve.com
www.campalex.com



UNITED WAY
MEMBER AGENCY



ASSOCIATION OF
NEIGHBOURHOOD
HOUSES

Camp Alexandra is an accredited member of the
BC Camping Association.



Camps are partially subsidized by
The United Way, Human Resources
Skills Dev't Canada
& the Province of British Columbia



CAMP ALEXANDRA 2009



A Summer to Remember...



• Supported Adult Camps

• Family Camp

EST. 1918

CAMP ALEXANDRA

is a seaside resort camp on 2 1/2 acres in the village of Crescent Beach. A long sandy shelf runs out into Boundary Bay from the shore, ideal for crabbing and exploring. The camp is convenient to White Rock, the USA border and municipal parks. Camp Alexandra is rich with history and has been hosting campers for more than 90 years.

CAMP FACILITIES

The Lodge: with full kitchen facilities, seating for 100; Crafts Room and fully equipped Games Room on the second floor.

Lounge: available for adults to enjoy a cosy fire, coffee and conversation.

Alexandra Hall: with fireplace, excellent for special events and large group programs.

First Aid Room: with attendant in residence and nursing support on call.

Children's House: fully equipped, enclosed area used for Nursery at Family Camp.

Play Area: fully equipped playground and two small play areas, shuffleboard courts, volleyball court and basketball.

Laundry Facilities: provided for emergency use only.

SLEEPING ACCOMMODATIONS

- Two bungalows divided into separate sleeping rooms.
- Seven cabins each accommodating up to 8 people
- Longhouse to accommodate staff and campers.



FAMILY CAMP

A program of enjoyable summer activities for parents and legal guardians, with children 15 years and under. Seniors may be accommodated if space allows.



1) Nursery - under the supervision of a trained ECD supervisor, care is provided all day long in a well-equipped self contained facility.

2) Children - five years and up are assigned to a Counsellor who is responsible for them during activity periods and some mealtimes. The main emphasis is to introduce the younger child and the inexperienced camper to the joys and benefits of camping.

Camp activities include hiking, arts and crafts, campfire songs and skits, beach combing and specialized programs for youth.

3) Counselor In Training (CIT) - this program is for youth 14-15 yrs. old offering valuable opportunities to build essential leadership skills, develop new friendships and gain self-confidence.

4) Adults - Programs will be posted during camp and include out-trips, crafts, exercise classes, guest speakers, and much more! Costs of out-of-camp activities are the responsibility of the camper. Feel free to join in the organized programs or to plan your own. This is your holiday!!

CAMPING SESSION

Dates: Fri July 10 to Fri July 17
 Arrival Time: 1pm Fri 11th
 Departure Time: 11 am Fri 17th. (No lunch)

FEES

The fee structure is new this year. Please choose 'A' or 'B'. **If you indicate B, you must request a subsidy application form with registration.**

- Cost per camper:
 (A) _____ \$400
 (B) _____ Campership (based on application review.)

SUPPORTED ADULT CAMPS



Camp Alexandra provides enjoyable summer activities and events for adults wishing socialization, recreation and an exciting change in the routines of daily living. Our goal is to provide a high level of personal care with attention to safety.

ACCOMMODATIONS

Our student counselors are responsible for the care, safety and orientation of their campers, who are assigned to counselor groups with a 7-1 ratio. Campers are housed in groups and sleep in cabins and rooms **without** their counselors. Please contact us if you are uncertain your camper will be comfortable with the ratio.

PROGRAM

A wide variety of activities and programs are provided during camp including talent night, bingo, dances, picnics, beach fun, out-trips, cooking, arts and crafts and campfire, with special events every evening.

CAMPING SESSIONS

- | | |
|---------|--|
| Camp #1 | June 8-12 Adults with Developmental Disabilities |
| Camp #2 | June 15-19 Adults with Mental Health needs |
| Camp #3 | June 22-26 Adults with Developmental Disabilities |

Caregivers are welcome where 1-1 supervision is necessary. \$185/overnight or \$100/days only.

Arrival Time: 10 - 11 am Monday morning
 Departure Time: 11am Friday (Bagged Lunch)

FEES

The fee structure is new this year. Please choose 'A' or 'B'. **If you indicate B, you must request a subsidy application form with registration.**

- Cost per camper:
 (A) _____ \$485
 (B) _____ Campership (based on application review.)

