

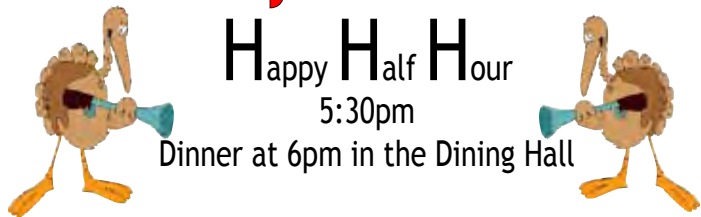
the BARNACLE



A publication of Crescent Beach Community Services (CBCS) at Camp Alexandra
2916 McBride Avenue, Crescent Beach, BC V4A 3G2
Design and Production: Donni Klassen
Phone: 604-535-0015 Fax: 604-535-2720 Vine Ave Office: 604-538-5060
e-mail: cbc sanh@uniserve.com www.campalex.com

You are invited to Camp Alexandra's **Thanksgiving Community Dinner**

Monday October 12th



Happy Half Hour
5:30pm

Dinner at 6pm in the Dining Hall

If you would like to join us please register
by calling 604-535-0015 or drop by the Camp office
before October 9th.

Bring Your Whole Family - We even Do The Dishes!

Adults \$10, Children 6-12 \$6,
Under 6 Free



ALL WELCOME

WHAT'S INSIDE...

- Membership/Program Info 2
- Camp A Cookbook.... 3
- Annual General Meeting ... 5
- Programs... 6, 7, 8
- Hallowe'en Celebration ... 9
- Unclassified ...10
- Gardening Crossword ...11
- Rental Info ...12
- About CBCS14



*In the spirit of community
that a Neighbourhood House
embraces, we cordially invite you
to join us at our
36th Annual General Meeting
Tuesday Oct 27
where we will be re-introducing
ourselves to the community
with a **NEW NAME!**
See Page 5 for details*



Forty-one people came to the Camp last month to enjoy good food and good conversation around 'Finding Home' and exploring what that means to different individuals. The evening get-together was the first step in our Building Welcoming and Inclusive Neighbourhoods project. A smaller working group will now begin to set priorities for building welcoming and inclusive neighbourhoods in our own community. If you'd like to participate, call Maxine at 604-535-0015 ext 238.

Next Board of Management Meeting see Page 14



MEMBERSHIP & PROGRAM REGISTRATION

SOMETIMES GREAT PROGRAMS ARE CANCELLED...

Don't wait 'til the last minute to register – or you may be disappointed to hear that the program was cancelled for lack of registration. Most programs and services require a minimum number of participants and program decisions are always made in advance of the program start date to allow for adequate staffing/volunteers and food purchases if required. So remember – if you snooze, you lose!

You can register for programs and purchase memberships in person at the Camp office, or by phone at 604-535-0015 or by mail. We accept payment by cash, cheque, direct debit, Visa or Mastercard.

A current CBCS membership is encouraged or required for participation in most programs and services.

REFUNDS AND CANCELLATIONS

All membership fees are non-refundable

All programs and services are subject to change or cancellation on short notice. If we cancel, full refunds will be issued. Anyone who is unable to attend a program because we have had to change the date or time will be given a full refund.

If you cancel after the program start date no refund will be issued. If you cancel 14 days prior to the program start date, a full refund will be issued. If you cancel within 13 days of the program start date, a full refund will be issued only if another person registers in your place.

Subsidies are available on a case-by-case basis for both program registration and CBCS membership.

CHILDREN'S PROGRAMS COMING SOON!



Hello Barnacle readers! My name is Erin Ewart and I am happy to be the new Children's Program Facilitator! My main role in this position is to come up with and implement some fantastic programs for school aged children 6-12.

Some of the projects that are in the works include an after school drop-in program, cooking programs, junior journalism programs, community kitchens and a lunch time program within a local elementary school. The doors are wide open for new ideas and opportunities so please stay tuned as these projects become a reality in the upcoming months!

If you have children in the 6-12 age group, have questions or comments about any of the programs mentioned, or have ideas or suggestions as to what you would like to see happen in the community or at Camp Alexandra, please feel free to contact me and give me your input.

I look forward to meeting and working with you all!

Erin Ewart
Children's Program Facilitator
(604) 538-5060 ext. 23
eeccbs@telus.net

Crescent Beach Community Services at Camp Alexandra Membership Form

Individuals: \$15/annum Couples/Families (2 voting members): \$20/annum

Subsidized memberships are available (needs-based)

Name(s): _____
Last Name(s) First Name(s)

Street: _____ City: _____

Postal Code: _____ Phone: (H) _____ (W) _____

e-mail: _____

Would you like to receive the newsletter by e-mail? _____ (Yes) _____ (No)

May We Call On You For Volunteer Work? _____ (Yes) _____ (No)

Date: _____ Signature: _____

Do you want to take out a membership in the Association of Neighbourhood Houses of Greater Vancouver, of which CBCS is a part?

Yes _____, I will pay an *additional* \$1 and want to be a member of ANH. I understand that I will receive notices of Annual General Meetings/ Special Meetings of ANH and other related communication from ANH

No _____, I do not want to be a member of ANH

I also want to support CBCS! Please accept my donation of: \$500 ___ \$250 ___ \$100 ___ \$50 ___ \$25 ___ Other ___

(Tax Receipts will be issued for donations of \$25 or more)

Please: do **not** send me information about fundraising activities & appeals, do **not** publish my name in/on the newsletter (the Barnacle) or CBCS website

PRIVACY STATEMENT: We collect the personal information above in order to maintain contact with you, to invite you to CBCS annual meetings and to provide you with information about future programs, services, events and opportunities to support CBCS. We do not share your personal information with any external individual or group without your written permission unless required by law or in a medical emergency.



YOUR SUPPORT IS KEY TO OUR SUCCESS

Contribute to Camp A's Community Cookbook



Help us raise \$10,000

to support CBCS at Camp Alexandra
Programs & Services

Contact Lois Peterson: ipcbs@uniserve.com
604-535-0015 ext 233
or Dee Walmsley at deew74@shaw.ca
for more information or to volunteer

Submit your recipe on the form below.

Submit a favourite recipe

Join our volunteer cookbook

- Solicit recipes
- Check recipes
- Type up recipes for the Desktop Publisher
- Promote the Cookbook

- Find cookbook advertisers and sponsors
- Contribute art for the cover and inside
- Plan the Cookbook launch

Recipe Form

Your Name: (please print) _____

Please do do not include my name in the book when you publish my recipe.

Email: _____ Phone # _____ (day) _____ (eve.)

Recipe Name: _____

Category: Please check all that apply

- Appetizers or soup Main Dish - meat & fish Snacks Baking
 Family favourites Cooking with children Drinks Candy

Other category _____

Ingredients - please list in order they are used

Please use fluid ounces, cups, teaspoons, and tablespoon measurements

Recipe Instructions - please type or print clearly. Use a numbered list to describe the steps involved in creating your recipe. *Please use a separates sheet of paper if necessary.*

Cooking Time _____ Temperature _____ Accompaniments/Suggestions _____

Recipes will not be kitchen tested but will be checked by the cookbook committee for completeness.

Drop off this completed form to 'Camp A', or mail it to
Crescent Beach Community Services, 2916 McBride Ave, Crescent Beach, BC V4A 3G2.
You can also download a form from our website at www.campalex.com



YOUR SUPPORT IS KEY TO OUR SUCCESS

Our summer camps for Families, Teen & Young Moms and Supported Adults are the highlight of our year, with participants coming from all over the Lower Mainland for what for some, may be their only holiday.

Organizational funders for our 2009 camps included: CKNW Orphan's Fund, The Kiwanis Club of White Rock, The Lower Mainland Camping Bureau, The Semiahmoo Rotary Club, The White Rock /Peace Arch Rotary Club, The Vancouver Optimist Club of BC, The Peace Arch Monarch Lions Club, Soroptimist International of Surrey White Rock, Soroptimist International of White Rock, and The Surrey Foundation. This month we're proud to feature two of these generous funders.

Semiahmoo Rotary Club

On June 27th, 2009 Semiahmoo Rotary celebrated its 20th Anniversary on the Semiahmoo Peninsula. The club has more than 60 very active members. They enjoy two major fundraisers every year, with an additional event in the development stage.

The ninth Annual Wine and Dine takes place in April 2010 featuring restaurants on White Rock Beach, Crescent Beach and Five Corners in White Rock. Local restaurants and the Semiahmoo Rotary combine efforts to raise over \$25,000 annually. Tickets are available from club members.

The 21st Annual Golf Tournament draws support from members and businesses in our community and throughout British Columbia and takes place on June 2, 2010 at Peace Portal Golf Course. All funds raised stay in the community, helping organizations such as Crescent Beach Community Services to meet various goals. The club has donated over \$650,000 to the Peace Arch Hospital and Community Health Foundation and over \$1 million in the local area.

There are four Avenues of Service in Rotary which all clubs focus on: Club Fellowship, Community Services, International Services and Vocational Services. The club's energetic members meet every Thursday morning for breakfast at the Rotary Fieldhouse, 14600 Rotary Way (in the South Surrey Athletic Park) just south of the Arena. New members are always welcome. Call Mike 604-536-2327. For more information about the Semiahmoo Rotary Club go to www.semiahmoorotary.org

The White Rock Peace Arch Rotary Club

The White Rock Peace Arch Rotary club is an organization of business and professional leaders living and working in the White Rock and South Surrey area. They meet every Monday at 12:15 pm at the Hazelmere Country club for lunch followed by the business meeting and a guest speaker. The meeting ends promptly at 1:30pm.

As a volunteer organization the club participates in projects such as the September 26th Half Marathon, 5K and relay races to raise money for worthy needs in the community, the Lower Mainland, British Columbia, Canada and International projects.

The club has donated funds for the Coast Guard Auxiliary zodiac search and rescue boat, the Earl Marriott secondary school Wheel House theatre, the South Surrey Athletic Park children's playground and scholarships to graduating seniors at Semiahmoo Secondary School. Internationally the club has built a schoolhouse in Kenya, Africa. Recently, Rotarians delivered dictionaries to 3rd grade students in White Rock and South Surrey elementary schools.

Rotary is the world's first service club, founded in Chicago, Illinois on February 23, 1905 and today, Rotary is some 1.2 million strong, with service-minded people belonging to more that 28,200 Rotary clubs in virtually every nation in the world.

Local Rotary Club Helps us Raise the Roof

"When you have a roof over your head, you can reach for the stars!" *Sol Hurak*

On August 12, the Rotary Club of White Rock Millennium made a formal presentation of \$14,000 to Crescent Beach Community Services. This represents significant portion of the proceeds of the club's May Charity Golf Tournament, and designated to support the costs of replacing the roof on our Administration Building.

In the picture you see from left to right: Patrick Hahn (Rotary), Ruth Sebastian and Drew Ratcliff (CBCS) and Jack Boyce (Rotary).

We look forward to continuing this valuable relationship with members of Rotary Club of White Rock Millennium as they strive to support the community with the same energy and commitment we bring to offering services and programs for seniors, families, children, supported adults and our neighbours.



Things are Heating Up In the Kitchen

We continue to work on the community cookbook project, which we hope will generate \$10,000 to support renovations and upgrading to the Camp Alex Dining Hall.

Our best chance of making this a success is with YOUR support. Contact Lois Peterson, lpcbcs@uniserve.com or 604-535-0015 ext 233 if you can contribute some time to help:

- solicit recipes from local business and dignitaries
- check submissions
- design the cookbook,
- identify potential advertisers
- develop a plan for a special launch in spring 2010 by offering other skills or support.

For more information or to download a recipe form, check our website at www.campalex.com. Our goal is to raise \$10,000 from cookbook sales.



LETTER FROM THE ED

Time, for me, has always been an interesting phenomenon whether kairos or chronos, it continually moves me to assess my own place in time. From time comes change, continually in the process of change, sometimes unwittingly and other times with intention.

Crescent Beach Community Services, alongside our community, is in the process of change. Many of you have journeyed with us through time, while others like myself, are relative newcomers now journeying alongside you! In the past three years I have had the opportunity to 'come home', to find balance between my work and life. Those lines are often blurred, and as an 'outsider' to this community in terms of residence, I could not feel more connected to community. It is in this spirit that I am inviting all of you to join us at our '36th Annual General Meeting!

At this year's meeting we will be *re-introducing* ourselves to the community with a new name, which is a very exciting opportunity for us to move forward together in our work strengthening communities. The name change is a result of a strategic planning process initiated in 2006, which over the past few years has included many sessions with community reviewing needs, mission/vision statement, name, along with a much longer list still in process.

I know from my conversations with community members how meaningful Crescent Beach Community Services has been in their lives from Busy Bees to Social Fun Club to our Parent Education classes held at Jessie Lee Elementary. Our goal is to unite these generations, and move forward with a common understanding of who we are, and where we come from.

Last week we held our first Building Welcoming and Inclusive Neighbourhoods Community Dinner to launch our Welcome BC funded initiative. Over 37 like-minded people responded, and participated in our introductory session. There were individuals from White Rock, South Surrey, Ocean Park, and Crescent Beach, who discovered, I believe, that the name of their neighbourhood was less important than the values and interests they shared!

We have a lot to learn from each other, and I welcome this opportunity to share our new name and logo, with the same enthusiasm and vigour that opened our doors year-round over 30 years ago!

If you are not already a member, please consider a membership to support our community building endeavours! I hope to see you here October 27th at 5pm for a light dinner, with the meeting following at 5:45pm. Please call prior to October 26th if you are interested in coming for dinner.

Penny Bradley, Executive Director

Work began at the end of September on our Admin building roof repairs, which were partially funded by a generous donation from Rotary Club of White Rock Millennium.

ALL CBCS MEMBERS WELCOME! ANNUAL GENERAL MEETING & DINNER *Introducing... our New Name and LOGO!*

Tuesday, October 27 2009

In the Dining Hall/Lodge at Camp Alexandra

Dinner (free) for CBCS members and staff (otherwise by donation). If you'd like to come for dinner, please RSVP to 604-535-0015 ext 221 by Wednesday Oct 26.

5:00 pm. Light dinner - Pizza
5:45 pm (approx) Annual Meeting including introduction of new name

MEETING AGENDA

1. Call to order.
 2. Review/adoption of the minutes of October 2008 AGM
 3. CBCS Community Board Chairperson's report.
 4. Introduce New Name and LOGO.
 5. CBCS Building and Facilities Committee report.
 6. Review financial statements for the fiscal year 2008-09.
 7. CBCS Board Development Committee report including nomination report
 8. Election of Board members for 2009-10.
 9. Adjournment.
- 1) Voting eligibility: Members must have paid up, current memberships in order to vote. All attendees must sign a sign-in sheet at the Annual Meeting indicating that their membership is current. Memberships are available at the CBCS office at Camp Alexandra.
- 2) Eligibility to stand for election to the CBCS Community Board: Memberships must be current for at least 60 days prior to the Annual Meeting. Nominations must be submitted in writing on a CBCS Nomination Form to the CBCS Board Chairperson or the CBCS Board Development Committee at least 7 days prior to the commencement of the Annual Meeting. No nominations from the floor are permissible at the meeting. All nominated members must attend the Annual Meeting or indicate (in writing to the Chairperson prior to the AGM) that they are willing to stand for election.



CHILD & PARENTING PROGRAMS

Programs are partially funded by the Ministry for Children & Family Development and/or the Province of BC and/or the United Way of the Lower Mainland



CHILDREN'S PROGRAMS



WHAT'S HAPPENING AT ALEXANDRA FAMILY PLACE IN OCTOBER

Busy Bees is a wonderful opportunity for you to connect with other parents and caregivers. Parent information and resources on child development, health and parenting issues are always available.

- October 1 I am thankful for...
- October 6 Create a hand turkey
- October 8 Hello Mr. Turkey
- October 13 Rolly Polly Pumpkins
- October 15 Making the colour orange
- October 20 Sparkle pumpkins
- October 22 Healthy foods I like to eat collage
- October 27 Potato print vegetables
- October 29 Pumpkin fun

“Creativity and Play Workshop” October 19, 6:30-8:30pm

Play is a child's work.
It is how they learn and is crucial for their development.


Come and learn about play and take a step into a child's world of discovery and exploration.

This is a hands-on experience so come prepared to get messy! Parents and caregivers will learn with a toolkit of FUN activities

that promote play, creativity and development. If you are interested, call 604-535-0015 and leave your name and number.

- We have books of 10 tickets for \$30 available for AFP drop-in. See Barb or Moira at the Camp 'A' reception desk for more information.

Mother Goose



Parent Child Mother Goose program is a 10 week group experience for parents and their young children focusing on the pleasure and power of using rhymes, songs and stories together, nurturing the attachment and bond that is growing between parent and child. Parents gain skills and confidence, which helps them to create new and positive family patterns during the early years of their children. Once a parent and child have done a total of 30 weeks they graduate from the program with a song kit that they can use together in their day-to-day lives. Next registration dates are by phone Nov 30 and Dec 1.

FUN & LEARNING ACTIVITY FOR YOUNG CHILDREN Playdough Recipe

- 2 cups boiling water
- Add food colouring or Kool-Aid drink powder

Caution: If using Kool-Aid be sure to explain to the children 'It smells good enough to eat, but it is only to play with.'

- 2 cups flour
- 1 cup salt
- 1 tblsp cream of tartar
- 2 tblsp cooking oil



Mix all ingredients until well-blended and mixture pulls away from side of bowl. Remove from bowl onto table top where you will knead it until it reaches the right consistency (about 5 minutes).

Right From the Start

Parenting can be hard! You want to make sure your baby is healthy and happy! RFTS can help put you on the right path. A healthy parent-child relationship promotes infant attachment, security, mental development and well-being and this course helps parents connect with their babies. For more info or to go on the interest list call 604-535-0015 ext 229.

Cope-ing with Toddler Behaviour

Join us for this FREE 8 week group for parents and caregivers of 1-3 year olds who want to nurture an attachment relationship with their child, promote positive behaviours and connect with other parents. This fun and informative group uses video clips, discussions and skill-building exercises to share ideas and incorporate strategies. Pre-registration is required and limited child-minding spaces are often available. An evening group is already underway for fall 2009. Please call Cindi at 604-538-5060 ext 23 for more information and to register for 2010 winter/spring sessions.



More Tools for Your Parenting Toolkit

This is a FREE 6 week parent education group for parents and caregivers of children ages 4-12. This course is all about building strong relationships with our kids, understanding children's behaviour, providing encouragement and communicating clearly. Join other parents in an interactive, positive environment and develop your skills as a parent. To express interest in our upcoming fall evening group please call Diane at 604-538-5060 ext 22.

Parent Connect

This is an ongoing support group that provides parents of children 5-12 the opportunity to share, to be heard, to learn about and discuss various parenting skills, and to receive support and encouragement. We meet the 1st Wednesday of each month from 7-8:30pm at the White Rock Library. Drop in and join us or for more info call Dianne at 604-538-5060 ext 22.



YOUTH PROGRAMS

Programs are partially funded by the Ministry for Children & Family Development and/or the Province of BC and/or the United Way of the Lower Mainland



VINE YOUTH CLINIC

This is a free, drop-in clinic for youth ages 12-21 that provides integrated health and wellness services with physicians available to meet with youth about general health issues, as well as sexual health, eating disorders, mental health, addiction, pregnancy and more.



Youth workers are also available during this time to provide one-to-one support, information and referrals.

Drop-in hours are 3:30-6:30pm

Mondays (except STAT holidays-open the Wednesday of that week instead) and the 4th Wednesday of each month. The clinic is located at 15455 Vine Avenue in White Rock.

For more information call 604-542-3926 or visit www.vineyouthclinic.com.

This program is a partnership between Crescent Beach Community Services, Ministry for Children and Family Development and Fraser Health.



LINK is a drop in program for pregnant and parenting teens and young parents. Support, connection, education and community resource information is offered to pregnant and parenting youth. Both one-to-one and group services are available. For more information, call 604-535-0015 ext 229.

For information about youth programs and Reconnect referrals, please call 604-538-5060 ext 21.

YOUTH ADVISORY COUNCIL

Want to have fun, make new friends, increase your leadership skills, gain volunteer experience or build your resume, all while making a difference in your community?



Then come join our Youth Advisory Council - ALL Welcome.

For more information contact Maxine at 604-535-0015 ext 238 or email mlcbcs@telus.net



Several local youth who have been volunteering their time at the Camp got a chance to relax and have fun at a Volunteer Appreciation BBQ last month. A game of Twister does wonders for removing inhibitions!

We want youth to have a voice in their community! We are in the process of organizing a concert/public forum for youth to talk about things they would like to see, or feel would better meet their needs in White Rock/South Surrey. Call 604-538-5060 ext 24 for more information.

RECONNECT

Reconnect provides services to assist youth 13-18 who are considered to be "at risk". Our outreach team makes regular visits to schools and community gathering places to provide information about resources and services. They also provide one-to-one support, as well as group programming, workshops and support groups.

Keep an eye out for our team as we do outreach at various locations about South Surrey and White Rock.

Do you feel there is something our community needs? We want your input. Please call 604-538-5060 ext 21.



ADULT & SENIORS PROGRAMS



Drop In Lounge: Stroll the beach, then drop in for coffee.
Wed 9:30-11:30am, Sept 9 to the end of May.

Community Hot Lunch and Community Kitchen: Thurs starting Sept 16 at First United Church in White Rock. Lunch is served at 11:30am and is open to anyone on a restricted income. \$3/person or 'as you can.'

CRESCENT MOON COFFEE HOUSE

Camp Alexandra Dining Hall (Lodge)
Come and meet your neighbour
Bring your instruments
1st, 3rd & 5th Sundays
of each month, 6 pm
Bring a snack to share!

NEEDLES AND PINS

A drop in knitting group meets in the lounge in the Longhouse on Wednesdays from 7 to 9 pm starting Sept 23. Fees are \$2 per person. This is a very informal, unstructured group. Please bring your own projects and refreshments. Everyone is welcome. No registration required.



BODY BY DESIREE

Mon/Wed/Fri 9:45-10:45am starting Sept 14.
Come and join an energetic, fun exercise group in Alexandra Hall.
The emphasis is on stretch, flexibility, strengthening and toning with some cardio (no bounce).
Work at your own level, drop-ins welcome.
Call 604-536-4607

SENIORS LUNCH & OUT-TRIPS

Seniors Hot Lunch: Wednesdays 12-2pm. Come and join us for a delicious lunch followed by entertainment or speakers. Rides are provided in the Crescent Beach/Ocean Park area. \$6. Please call ahead to let us know that you're coming.

Out trips:

Westminster Abby in Mission, lunch at Mission Hills Brewery then visit Fort Langley.

Date: October 19, 2009 - travel by bus so walkers OK
Cost: \$55 including lunch

Time: 9:30am- 4:30pm departing from Sullivan St in Crescent Beach

VanDusen Festival of the Lights and dinner at the Old Spaghetti Factory

Date: Dec 10, 2009 - travel by bus so walkers OK

Cost: \$55 including lunch and hot chocolate afterwards
Time: 4pm-10pm departing from Sullivan St in Crescent Beach

Call 604-535-0015 to register.

We'd like to form an intergenerational Gardening Club to teach and learn from each other here at Camp 'A'.

Call 604-535-0015 ext 238 to express interest.

BUILDING WELCOMING & INCLUSIVE NEIGHBOURHOODS (BWIN) ADVISORY COUNCIL
Interested in connecting with your neighbours and building a welcoming and inclusive community?
We're looking for like-minded people to come together to start an Advisory Council to guide the BWIN Project.
To find out more, call Maxine, 604-535-0015 ext 238 or e-mail mlcbcs@telus.net

SUPPORTED ADULTS SOCIAL GROUP

SOCIAL NIGHTS
\$3 Drop in Fee

Sept 30 6-9 Bingo & Karaoke
Oct 28 6-9 Halloween Community Block Party
Nov 25 6-9 Movie & discussion
Dec 16 6-9 Holiday Celebration

COMMUNITY CONNECTIONS
\$3 Drop in Fee

Music theme for Oct-Dec
Oct 14 6-9
Nov 11 6-9
Dec 9 6-9

ADVISORY COMMITTEE
FREE

Oct 7 & 21 6-8
Nov 4 & 18 6-8
Dec 2 6-8

Bring your caregiver, friends and neighbours

For more information contact Jillian at 604-535-0015 ext 236 or sacampscbcs@uniserve.com



ENTHUSIASMS...

IT'S ALMOST TURKEY TIME!



Don't miss the Camp 'A' Thanksgiving Dinner!

Once again, we'll be hosting our Community Dinner on Monday October 12th at 5:30pm. You don't need to shop or cook or clean up afterwards! Just pre-register at the office or call 604-535-0015 and join us for a harvest feast with turkey and all the

trimmings. Bring your whole family!

Remember - advance registration only and seating is limited, Adults: \$10, children 6-12 \$6, under 3, free. **EVERYONE IS WELCOME**

ART JOURNALLING TECHNIQUES FOR YOUTH



Youth ages 12-18 are invited to join us for a FREE crash course in art-journaling with local artist, Violette.

Try a variety of techniques - graffiti, doodling, collage and more in this two hour course. Tuesday November 17, 6-8pm

At Camp Alexandra

To register, please call Cindi at 604-538-5060 ext 223.

Space is limited.

COMMUNITY HALLOWE'EN CELEBRATION

Join us for a Hallowe'en Community Block Party from 6-9pm on Wednesday Oct 28th. Everyone is welcome!

We'll have lots of games and activities for the kids to get them into the Hallowe'en spirit. They can bob for apples, carve a pumpkin and make scary hats - and there will be music (spooky of course) to set the tone!

The event is being hosted by the CBCS Youth Advisory Committee and the Supported Adults Social Group.

For more information call Jill at 604-535-0015 ext 236 or e-mail sacbcs@uniserve.com



IN OUR OWN WORDS

A project for youth wanting to see their words in print! 12 to 19 year-olds are invited to join our planning session Wednesday, Oct 7, 4-6pm at Camp Alexandra 2916 McBride Ave in Crescent Beach



- Are you interested in
- Poetry?
- Fiction?
- Comics?
- Nonfiction?
- Community information?
- Designing, editing or desktopping?
- Planning a special event?

Learn from professionals as you create a publication to share with your family and friends. For more info Call Maxine at 604-535-0015 ext 238 or mlcbcs@telus.net

Snack provided, transportation available.

A partnership of Crescent Beach Community Services at Camp Alexandra & TheSurrey Writers' School supported by Surrey White Rock Community Literacy Project and funded in part by 2010 Legacies Now.

Crescent Beach Community Services presents

Journal Bliss

with local artist Violette

For young women ages 12-15 to discover the joy of Art-Journaling

FREE

Tuesdays Oct. 6-27, 2009

6-8pm at Camp Alexandra
2916 McBride Avenue, Crescent Beach

To register contact Cindi at 604-538-5060 ext.23



UNCLASSIFIED...

WANTED

Vintage clothing circa 1850 through 1950's.
Call Jayne at 604-538-1139



CRESCENT BEACH HOUSE FOR RENT

Oct 1-April 30
3076 O'Hara Lane
Call 604-541-2542



Estelle Bogoch

Diploma: Horticulture & Landscape Design

- College Hort. Instructor
- Garden Design Consultant
- Author
- Guest Speaker

(604) 538-9466

www.gardentalk.ca / email: estelle@gardentalk.ca

White Rock Community Choirs for Women



Sing-along Christmas songs

COMMUNITY CHRISTMAS CHOIR rehearses

Mondays at 7pm Sept 28 to Dec 7

Music and practice CDs provided 11 weeks/\$99

icharyna@telus.net Ivy @ 604.536.0346

COMPANY CHRISTMAS PARTY

Are you looking for somewhere special to host your Christmas party? Or any other seasonal celebration?

We have the perfect spot! We have rooms to accommodate up to 100 people here at the camp, and up to 80 people on the waterfront at Beecher Place.

For more information, call Rita at 604-535-0015 ext 222.



EVERYBODY LOVES SOMEBODY SOMETIME

By Jim Gifford

'Everybody Loves Somebody Sometime'. Crooning those lyrics, Dean Martin struck the airwaves in summer, forty-five years ago. Especially to my mind, on CFUN, regularly about 7:30 in the morning as our car-pool drove past the Elgin Esso Station on Crescent Road.

Clad in work clothes, Donny Munroe, Paul Gilley, Rob McDonald, and myself were heading for McDonald Cedar lumbermill in Fort Langley. It was my first job.

And it was hard labour. One task was doubling up with Rob on 'The Little Table'. Building loads, he had the square end and I, the jagged end. We were in sync from the word go.

The following poem, 'Me and Rob', recalls:

Me and Rob were beat and done,
Sweatin' in the noon day sun.
It swelters out Fort Langley way
On a blue and sunlit summer's day.

But me and Rob'd shun the heat,
Standin' firm on stinkin' feet.
Pilin' lumber at 'The Little Table',
Me and Rob were fast and able

When the whistle blew for the break,
Me and Rob'd get out of the bake.
The water'd taste as rich as gold
Then back outside and eight more loads.

At four-thirty, the whistle'd shout
And me and Rob'd punch out.
We'd head home to Crescent Beach,
The mills labour out of reach.

At Crescent we'd hit the sea
And me and Rob'd feel free,
After supper, it was off to slumber,
To dream of pilin' loads of lumber.



The great luxury of those days were our weekends off, hours to spend simply relaxing and enjoying our youth that meant swimming, water-skiing, lying on the beach ... and girl watching. The bikini-clad lasses were heavenly visions to us ogling teenage boys with our raging hormones. And that line from 'Dino's hit single, 'theres's no telling when love may appear', came often to my preoccupied mind.

Then, one Saturday in the summer of '65, it happened. I gazed longingly at the blonde beauty, standing by the beach, at the foot of Target Street, I boldly made my move and thus began my Summer romance with Tandi Johnston.

Yes, it was a time of new love and hard work; two stepping stones to manhood. Today in my middle age, there is 'a lot of water under the bridge.' Yet, fond memories of those 'golden oldie' times flood back whenever I hear Dean's mellow voice ..and the words, 'Everybody Loves Somebody Sometime'



ODDS 'N SODS...



Estelle Bogoch graduated from Algonquin College in Ottawa with a diploma in Horticulture & Landscape Design. Originally from Montreal, she now lives in White Rock. Estelle teaches the part-time 18-course Horticulture

Diploma Program at Surrey College, design and gardening courses at VanDusen Botanical Garden, and courses for White Rock Leisure Services. She is a guest speaker at garden clubs and other organizations. She has written a book called 'Crosswords for Gardeners', containing anecdotes, crossword puzzles, and gardening tips, that is available by contacting Estelle at 604-538-9466 or estelle@gardentalk.ca She is passionate about living and gardening in this part of the world. Estelle contributes a monthly column to The Barnacle.

FALL FLOWERS

October 2009

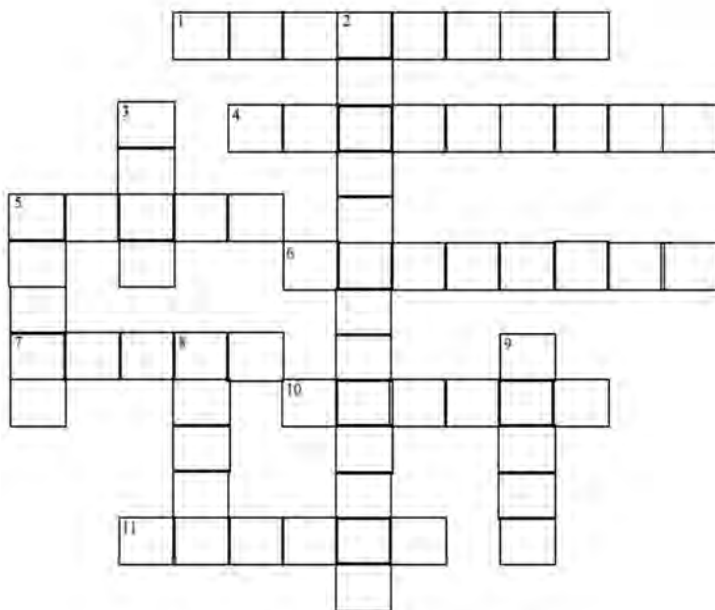
ACROSS

- 1 forced indoors, very fragrant
- 4 commonly yellow, daisy-like, delicate
- 5 2-4' tall, susceptible to mildew
- 6 commonly orange or yellow, scent repels insects
- 7 female name, dark brown centre
- 10 edible, purple globe flower
- 11 fall or late winter-blooming corm

DOWN

- 2 fall potted plant
- 3 cabbage-like
- 5 bright colours, velvety texture
- 8 daisy-like flowers, commonly mauve colour
- 9 fleshy leaves, blooms August until frost

Until November...



Answers Page 12

LIFE'S REFLECTIONS

By Tom Mathieson

What a small wonderful world we live in. Today was another page in my storybook of life. After Camp A closed down for the summer, putting on very affordable lunches and entertainment every Wednesday at noon, I had to find a place to have my weekly lunch out. So, I make no apologies, I went to Kent Street Seniors Centre on Friday June 19/09 with friends for lunch and entertainment.

The lunch was very good and the lady who was to entertain us was a young lady who was born in South Korea. She moved to Canada at the age of 16. She is a tall, very pretty lady. She plays the piano, guitar and sings like an angel (soft and quiet). One year ago I mailed some photos to her as she entertained us. Today she came to talk to me and said 'I remember you when I was here a year ago,'. I told her if she gave me her address I would send her photos I would take today. As she spelled out her last name I said 'I have a sister, Elsie who lives in Cloverdale with the same name', not knowing I was speaking to her niece! I later met her husband and father, a United Church Minister, and her doctor Korean mother who was not allowed to practice in Canada. I met the nephew, another aunt and was told 'I almost brought auntie Elsie with me today'. What a surprise that would have been. My very own sister walks in with the entertainment! I will be taking my photos for development, sending some to my new friend, some to Elsie and the rest will be placed in my photo album for another memory.



VOICE & DRAMA Instructor

- Popular styles for all ages
- 20 years in White Rock
- BC Teachers Federation
- RCM Voice, Speech Arts & Drama, Piano, Theory

604.586.0846 ichayna@telus.net

Nurse Next Door
Home Healthcare Services

Services Provided: Companionship, Assisted Outings, Personal & Nursing Care, and Respite.

Let us help you and together we'll help Camp A with a \$25 donation in your name!

"Making Lives Better One Visit at Time"

604-613-7679



ENTHUSIASMS...

Camp A Retreat & Conference Centre Modern Service in a Vintage Setting

BIRDS ON THE BAY

Celebrate Boundary Bay, Site of Hemispheric Importance & Canada's top-rated Important Bird Area of 597 sites. As a major stopover on the Pacific Flyway, this amazing area features habitats of eelgrass beds, mud flats, estuaries, salt marshes, bogs & streams that support more than 333 bird species, including some that are rare & endangered.



Join Friends of Semiahmoo Bay Society & Partners to explore these special places, see birds & local wildlife, sketch, photograph, kayak, enjoy special events & more.

Event schedule and more information are available at: www.birdsonthebay.ca

WELCOME TO YOUR NEIGHBOURHOOD - ONLINE

Visit www.crescentbeach.bc.ca or www.oceanpark.bc.ca

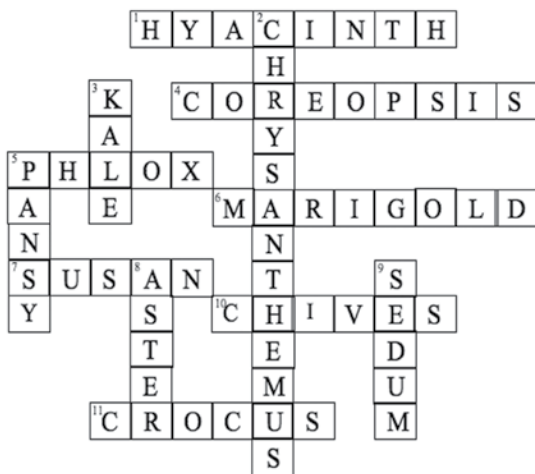
Explore it all, find out what's happening, find out what services are available, check out the classifieds or consult the Business Directory. It's all there.

The sites are designed to provide you with a variety of ways to connect with and communicate to your neighbours and your community, promote your events, advertise your products or services and keep track of what's happening.

For more information contact amcinnis@telus.net

Answers

Fall Flowers



Welcome Wagon

New To Your Community?

Be sure to call Joann

604-538-3740

Our hostess will bring gifts and greetings along with helpful community information

Camp Alexandra, just half a block from the beach, offers a variety of rental spaces for meetings, socials and overnight rentals with catering. For more information call 604 535-0015 ext 231 or visit our website at www.campalex.com.

Media Meeting Room

Located on the second floor of the Lodge, the Media Room accommodates 30 people in a well lit, relaxed setting. Amenities include: tables, chairs and couches, VCR, DVD, TV, cable and internet, elevator access, two washrooms

Dining Hall

Located on the main floor of the Lodge, the Dining Hall accommodates 90 people in a heritage setting. Amenities include: tables and chairs for 90, pull down screen and projector, wood burning fireplace (presto logs), two washrooms

Alexandra Hall

Located off Sullivan Street, Alexandra Hall accommodates 90 people in a heritage setting. Amenities include tables and chairs for 100, a wood burning fireplace (presto logs), two washrooms, mini serving bar for beverages and snacks



Activity Room

Located on the second floor of the Longhouse, the Activity Room accommodates 35 people. Amenities include tables and chairs for 35, an elevator, a wood burning fireplace (presto logs), a white board, two washrooms

Lounge

Located on the main floor of the Longhouse, the Lounge accommodates 24 people in a casual setting. Amenities include round oak tables and chairs, a wood burning fireplace (presto logs), washrooms

Beecher Place

Located on the water at 12160 Beecher Street, Beecher Place is the perfect setting for weddings, socials, workshops, presentations, shows and meetings. Amenities include: tables and chairs for 80 people (maximum capacity),



panoramic ocean view, pull down projector screen, mini kitchen with fridge, stove, microwave, sink and counter, two washrooms, elevator. For information please visit our web site at www.campalex.com

click on Facility Rentals, then Beecher Place or call 604 535-0015 ext 231.



ENTHUSIASMS...

Crescent Beach Community Services is a registered charity and tax receipts may be issued for all donations of \$25 or more.

WANTED Gently Used Books By Donation

Please contribute your gently used books written by women authors to

Soroptimist International of White Rock

Donated books will be sold as part of a Women in Film Fundraiser, October 24th at First United Church in White Rock in support of Project Sierra: Hope for Homes in Sierra Leone, Africa



Books may be dropped off at:

Camp Alexandra, 2916 McBride Ave

or

**South Fraser Women's Services Society
15318 - 20th Avenue**

For amounts of 20 books or more, we can pick up from other locations in South Surrey, White Rock.



For additional information please contact Jane at janebryson@shaw.ca

Project Sierra (www.projectsierra.com) helps to strengthen families at risk, provides opportunities for young children living on the streets to return home and offers education,



UNITED WAY ANNUAL CAMPAIGN

It's that time of year again, and every dollar helps! The funding we receive from the United Way helps us to support and strengthen individuals, our neighbourhood and our community. We give children the best possible start in life, help seniors to stay active and independent, and help vulnerable members of our community to improve the quality of their lives.



The United Way is truly about people and the power of community. Through a network of more than 150 community agencies, the United Way invests in more than 500 programs and initiatives throughout the lower mainland to create lasting change. Please support this year's United Way campaign! For more information go to www.uwlm.ca.

The CBCS office will be closed
Oct 12, Nov 11
and Dec 24-Jan 1



The seniors had a great day for their Steveston out-trip, exploring the historic little fishing village and ending up at London Farm for a tasty cup of tea.



Many thanks to Millenium Rotary and Envision for helping us replace the Admin building roof!



TAI CHI

Ongoing Classes

BEECHER PLACE, CRESCENT BEACH

For Information - call or email

Ph. 604-538-9128 or taiji@shaw.ca

THE FALL COLLECTION



As much as we hate to see it go, summer is over for another year and the Clothing Exchange is in need of fall and winter wear, clean and in good repair. Contributions are most welcome – just pick up the key at the office, place your clothing - clean and in good repair - neatly on the appropriate shelves, and take what you need. That's it!



Deadline for contributions to the October Barnacle is Monday October 26th.

STATEMENT OF DIVERSITY

- We are children, youth, adults and seniors of all races, all religions, all cultures, all abilities and all economic levels
- We speak many languages
- We are men and women of all sexual orientations
- We value diversity
- We endeavour to reflect the diversity of our neighbourhoods in our membership, our Boards of Mangement, our volunteers and our staff
- We respect all our neighbours
- We expect that all who come to our Houses, all those who provide or receive our services, will extend the same respect to all those they meet here
- Therefore, we will act to promote the inclusion of all in our Association and in our community

THE BARNACLE

Advertising Rates

Business Card Size: One month \$10, Three months \$25

Crescent Beach Community Services at Camp Alexandra
 2916 McBride Ave Crescent Beach, BC V4A 3G2
 Phone: 604-535-0015 Fax: 604-535-2720
 e-mail: cbsanh@uniserve.com www.campalex.com

CBCS STAFF

Executive Director: Penny Bradley
 Program/Communications Director: Donni Klassen
 Director, Core Operations: Rita Frederiksen
 Property Manager: Mark Klassen
 Fund Development Officer: Lois Peterson
 Manager, Facilities & Catering: Ginny Loudon
 Manager, Family Programs, Services: Dianne Schwartz
 Manager, Food Programs & Services: Stella Buttner
 Manager, Youth Programs/Services:
 Community Services Manager: Maxine Larmour
 Coordinator, Childrens Programs/Services: Cindi Mercer
 Early Childhood Dev Prog Coordinator: Shelley Cranstone
 Reception/Admin: Barbara Stevenson, Moira McVey
 Seniors Worker: Carol Ann Shannon
 Caterer: Diane Kolida
 Youth Outreach Worker: Danielle Kreutzer, Eric Rice
 Youth & Family Worker: Jon Robertson, Christine Christensen
 Children's Program Facilitator: Erin Ewart
 Supported Adults Program Worker: Jill Glennie
 Parent/Teen Mediator: Ian Blatchford
 Building Service Workers: Trevor Grimston, Terry Sargent
 Custodian: Don Akhurst
 Caretakers: Lisa Lucow, Jayne Baxter

MISSION STATEMENT

As a unique neighbourhood house that is rooted in a heritage facility, Crescent Beach Community Services (CBCS) provides programs, services, facilities and community-building events that address the evolving needs and aspirations of diverse people on the Semiahmoo Peninsula and beyond. CBCS engages, educates and empowers in order to foster community spirit and participation, build supportive relationships, and nurture individual, family and community well-being.

WHO DO I CALL?

We can link you with the service you need!

Information and Referral 604-542-4357 (HELP)

Monday - Friday 8:30 to 4:30
 A Program of Peace Arch Community Services

**Caretaker Emergency
 604-790-4051**

The next meeting of the CBCS Board of Management will be held at 5:30pm Tuesday Oct 27 (AGM). All CBCS members are welcome to attend. Please RSVP to to 604-535-0015.

CBCS BOARD OF MANAGEMENT

- Mike Sheeshka •Drew Ratcliffe •John Hentschel
- Bill Lightowlers •Dana Gill •
- Jane Bird •Ruth Sebastian •Jordan Phillips

CBCS Office Hours
 Monday to Friday 9am -4:30pm
 (June - August 9am-4pm)

CBCS STAFF PHONE DIRECTORY

Camp Alexandra 604-535-0015

Vine Ave Child Youth & Family Centre 604-538-5060

Barb Stevenson/M McVey	221	Shelley Cranstone	229
Donni Klassen	223	Stella Buttner	228
Penny Bradley	227	Carol Ann Shannon	232
Rita Frederiksen	222	Lois Peterson	233
Mark Klassen	226	Ginny Loudon	231
Jill Glennie	236	Maxine Larmour	238
Kitchen:	225		

TBD	21	Christine Christensen
Dianne Schwartz	22	Ian Blatchford/Aux. Workers
Cindi Mercer	23	
Danielle Kreutzer	24	
Jon Robertson	26	
Eric Rice		

